

## 9<sup>th</sup> Grade

| LESSON  | BEFORE BEGINNING...  | STUDENTS WILL...  |
|---|--|---|
| <h3>Personality Styles</h3> <p>🕒 30 to 40 minutes</p> <p><b>KNOW</b></p>                  | <ul style="list-style-type: none"> <li>✓ Complete the <i>Personality Styles</i> quiz</li> <li>✓ Save 3 careers</li> </ul>          | <ul style="list-style-type: none"> <li>• Investigate <i>Personality Styles</i></li> <li>• Explore how their own personality style can help them at home, school, work, and other areas of their life</li> </ul>   |
| <h3>Exploring Career Factors</h3> <p>🕒 30 to 40 minutes</p> <p><b>EXPLORE</b></p>         | <ul style="list-style-type: none"> <li>✓ Save 3 careers</li> </ul>   | <ul style="list-style-type: none"> <li>• Investigate <i>Important Factors</i>: work/life balance, money, making a difference, education, interests, growth</li> <li>• Assess which of these 6 core factors are important to them when making a career decision, and why</li> <li>• Prioritize the 6 core factors that influence their career decisions</li> </ul> |
| <h3>Getting Experience</h3> <p>🕒 20 to 30 minutes</p> <p><b>PLAN</b> <b>GO!</b></p>       | <ul style="list-style-type: none"> <li>✓ Save 3 careers</li> <li>✓ Add 3 experiences to the <i>Experiences Timeline</i></li> </ul> | <ul style="list-style-type: none"> <li>• Explore different ways to get work experience now</li> <li>• Identify several ways to get experience while still in school: community service / volunteerism, co-op programs, part-time job, internships, etc.</li> <li>• Assess which type of experience is best suited for their career interests and goals</li> </ul> |
| <h3>Study Skills and Habits</h3> <p>🕒 30 to 40 minutes</p> <p><b>KNOW</b> <b>PLAN</b></p> | <ul style="list-style-type: none"> <li>✓ Students can dive right in!</li> </ul>  | <ul style="list-style-type: none"> <li>• Identify skills, habits, and behaviors they need to learn successfully in high school</li> <li>• Explore potential obstacles to success in school, such as lack of motivation, distractions, and lapses in self-confidence</li> <li>• Plan how to develop positive study habits and behaviors</li> </ul>                 |

### Suggested activities



#### ABOUT ME

- ✓ Update avatar and cover photos
- ✓ Complete the *Personality Styles* quiz
- ✓ Save interesting and helpful resources to help bring plans to life in *Storyboard*

#### GOALS & PLANS

- ✓ Create one or more plans

#### EXPLORE OPTIONS

- ✓ Choose a career profile, save it and rate the *Important Factors* for that career
- ✓ Start to explore programs and majors, see which programs are available at schools of interest